

MARK YOUR CALENDAR!



MABS's 2020 SPRING CONFERENCE

Yoga, Research and the History of Brainwaves Come Together: From Stress and Neurological Abnormalities to Creative Flow and Self-regulation

May 2, 2020:

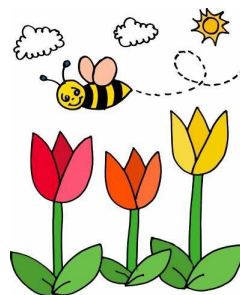
- R. Douglas Fields, PhD—Electric Brain—The Discoveries, Latest Research and Future Implications of Brainwaves
- Ronald Swatzyna, PhD—What Our QEEG May Be missing in Children's Brains: Ethical Considerations for Practice
- Plus a short presentation from Linda Raines on BrainFutures and The BrainHealth Project

May 3, 2020:

- Judith Pennington, BA—Personal & Spiritual Awakening with the Mind Mirror EEG
- Julie Aha, MA, LMT, RYT— Two Sessions: (1) Body-Based Mindfulness: Yoga, the Five Senses and Fostering Contentment and (2) Nourishing with Easy Yoga

WHERE: Loyola University Graduate Center, Columbia, MD

Application pending for 12.25 APA-approved CE credits (6.0 on Saturday and 6.25 on Sunday). Brochure with full details will be sent out very soon, along with the link for online registration!



FYI: Stens Corporation will hold their 5-day Biofeedback and Neurofeedback Programs in Baltimore the week following our conference and are offering discounts to MABS Spring Conference registrants who want to attend. Details will follow.